<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
<th>Reflection/Sources</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun.</td>
<td>The Holy Family of Jesus, Mary &amp; Joseph</td>
<td>ARE YOU SEEKING JESUS WHOLE HEARTEDLY? A reflection by Origen of Alexandria</td>
</tr>
<tr>
<td>Dec. 30</td>
<td>Seventh Day in the Octave of Christmas</td>
<td>FINDING THE JOY THAT ONLY JESUS BRINGS A reflection by Fr. Geoffrey Preston</td>
</tr>
<tr>
<td>Mon.</td>
<td>Seventh Day in the Octave of Christmas</td>
<td></td>
</tr>
<tr>
<td>Jan. 1</td>
<td>SOLEMNITY OF MARY, MOTHER OF GOD</td>
<td>HOW SERIOUS ARE YOU ABOUT UNITY WITH JESUS? A reflection from a homily by Basil of Seleucia</td>
</tr>
<tr>
<td>Thurs.</td>
<td>Thursday before the Epiphany</td>
<td>TWO STAGES IN CELEBRATING CHRIST’S COMING A reflection from a homily by St. Pope John XXIII</td>
</tr>
<tr>
<td>Fri.</td>
<td>Memorial of St. Elizabeth Ann Seaton</td>
<td>JESUS’ CALL TO PRACTICAL CHARITY The Daughters of Charity constitutions by St. Elizabeth Ann Seaton</td>
</tr>
<tr>
<td>Sat.</td>
<td>Memorial of St. John Neuman</td>
<td>SEEKING TOTAL DEDICATION TO GOD’S SERVICE From the Seminary Diary of St. John Neumann</td>
</tr>
</tbody>
</table>
ARE YOU SEEKING JESUS WHOLE HEARTEDLY?
A reflection from a Commentary on Luke by Origen of Alexandra

How often have we heard the Gospel tale of Jesus going about his business and of Mary and Joseph reacting, as any parent would, by thinking he was lost. They had been in Jerusalem for the Passover and Jesus was of an age to enter solemnly into the life-long and personal obligation to keep all that God asks of those who have accepted a covenant to love God with all their heart, and mind and strength. What had he spent his time doing? He gave himself entirely to learning about God’s will for Israel. Then it was time for the large group of pilgrims from Nazareth to begin the journey home. They started out together, as they always did, but nobody noticed Jesus wasn’t with them.

Consider what we can learn about seeking and finding Jesus by following what Joseph and Mary did when they noticed that he had been left in Jerusalem. Where could they find him? They found him in God’s Temple. What’s more they didn’t find him just anywhere in the Temple but among the great teachers of the Law who offered their learning freely to pilgrims at festival times. He was listening to their interpretations of Scripture, asking them questions and then responding to the questions they addressed to him.

Jesus has been with us all our life. You always had a sense he was there for you. But what if you suddenly realized you had lost track of him, where would you go? You would go where God’s word and will is being taught. You would go to the holy place where God is with those chosen specially as God’s children. If we seek Jesus there, we will find him! Do you want to be with Jesus in a special way? Go to the Church and to those who teach about God and are themselves faithful to the Church’s teaching. Anyone who would claim to be a teacher of God’s will and way but doesn’t possess Christ personally is a teacher only in name. To be a teacher of God’s Word and Wisdom you have to be with Jesus. So, find these teachers who are with Jesus and you will find Jesus.

Jesus was among the Doctors, learning from them by listening to them and asking questions of them. At this very moment Jesus is present with the Doctors of the Gospels and is speaking to us through them. The doctors, we are told, were all amazed, and what amazed them were his answers to their questions. It was a usual teaching practice to ask the student questions but Jesus could answer even questions the Doctors couldn’t; he could answer the questions he had asked because through him God taught even the Doctors.

We are told that Moses has asked God questions and that God has answered him. So, we need to listen to Jesus and let him put questions to us, perhaps one’s we can’t answer. Maybe we want to know in which group of people he is found right now and with whom we can learn his way. This has to be done all the time, and not in a passing or occasional way. You can never find where Jesus waits for you if you act like that.

Mary said, when she found him, “We have been looking anxiously for you!”, but he answered, “Didn’t you know I would have to be in my Father’s House”? 
Try to be as concerned to find Jesus that Joseph and Mary were. Keep looking for those who teach the way to God and always try to live like Jesus.

FINDING THE JOY THAT ONLY JESUS BRINGS
A reflection by Fr. Geoffrey Preston

Christian joy results from an option, from choosing to say that life has a meaning even thought the only name we can give that meaning is ‘Jesus’. All we have to go on is the Word of God which tells us that history is a history of redemption. He who came in Jesus of Nazareth will come again in Him. That is the promise we have chosen to live by. Joy results from the expectation of an end which will give real meaning to all that precedes it. Ultimately the coming again of Jesus is what our faith, hope and joy stand or fall by.

Meditating on Jesus’ first coming offers a language for speaking about his second coming to bring in the Kingdom of peace and justice. The language of this first coming is, surprisingly, one of death and persecutions, as well as of births and shepherds, sages and caroling angels. It is a language of swords used to murder babies, swords to pierce the heart of Mary; it is a language of the stony heart of Herod and of stones thrown at Stephen.

The loss of the child Jesus in the Temple, as told in Luke’s Gospel, gives us perhaps the clue we need to understand all this. The story is a very skillful overture to the presentation of the origins of Christian faith in his Gospel and in Acts, including all the major themes. The loss takes place at Jerusalem and at Passovertide, when and where the Lord was to be crucified. It must be, as the passion and death of Jesus must be. People involved in this incident fail to understand what Jesus is about, seek him, and find him on the “third day”; as his own will do when he is killed and raised. At the finding there is the same sort of questioning: Why were you looking for me? Why are you looking for the living among the dead?

In the infancy stories there is already present the passion, death and resurrection of Christ. Jesus the child grows in stature, and in growing learns to die. The first coming is meant to prevent us from making too light of the second. We have to see the reality of the threat beneath which faith and hope and joy lie. The story of Stephen, and of the Innocents, and the three day’s loss of Jesus, teach us to interpret the very darkness of the world as a sign of Christ’s coming.
HOW SERIOUS ARE YOU ABOUT BEING ONE WITH JESUS?
A reflection from a homily by Basil of Seleucia

Born of the Virgin Mother of God, the Creator and Lord all shared our humanity. He had a real body and soul even though he had no part in our misdeeds. He committed no sin, says Scripture, and no falsehood ever came from his mouth. O holy womb, in which God was received, through which our sin was effaced, in which God became human while remaining God! When he was received by a mother’s arms, he didn’t leave the bosom of his Heavenly Father. God isn’t divided as he carries out his will; God saves without suffering division.

There isn’t real need to enumerate the prophesies foretelling Christ. Mary brings forth the flower of Jesse and gifts no one can worthily praise. If Paul could say of the other saints that the world wasn’t worthy of them, what can anyone say of the Mother who outshines all the martyrs as the sun does the stars? Let us echo Gabriel’s cry of joy: “Rejoice, most highly favored one!”

Immanuel has come into the world he had made. God from all eternity is a child conceived in Mary. She was radiant with joy and amazed. The gifts the Spirit gave to Elizabeth and to her son, John, weren’t denied to Mary. Mary spent nine months in meditation on all that God was doing to fulfill the hopes of Israel through her; she certainly would have us imitate Christ’s coming and the fact that the Spirit has caused Christ to come to be and begin to develop in us too.

Mary spent these months exploring the riches contained in such hidden and unobvious ways in what Israel had gradually learned to hope it could become for God, and even for the nations. Isn’t that a meditation we are called to immerse ourselves in with Mary? She did it without interrupting her work to help Elizabeth with the daily chores that a 90-year-old first-time pregnant woman could find overwhelming. This too was a subject for meditation and thanksgiving. Mary was blessed because in her God was doing such great “little things” for Elizabeth and others. Haven’t we received the same grace in our way?

Mary received the sages from the east and her reflections then gave new depth to God’s promises to draw all to Jerusalem, to God’s House and presence. She could sing to herself the hymn that the angels had sung to the shepherds and imagine its fulfillment in the ages to come. The Mother of God and of the Lord of all creation, pondered in her heart and her heart was filled with gladness at what the sages from the East signified.

What was the focus of all her thought and prayer, whether in petition for the strength to do the daily deeds of love that feel to her even while thinking constantly of the child growing within her? And the child’s birth simply brought all this to fulfillment. We learn from her what the vocation to contemplation is and what wonders it can bring us, to give us joy and to give us reason to share that joy with all near us. Are we ready to contemplate as seriously as Mary did?
WHAT IS LIVING IN THE SPIRIT?
A reflection from St. Basil the Great’s Treatise on the Holy Spirit

What do we mean when we speak of someone as a “spiritual person”? We mean that this person is led by God’s Spirit and is a child of God who lives by new standards, not of this world. It is like having a new ability. We hear our heart crying out “Abba”, Heavenly Father, or saying something and realizing the words don’t come from us alone.

Even more, it is a matter of living with other believers as one Body. In Christ we are all members of one another even though God’s grace has given us different gifts. In the unity of the Spirit each uses the special ability given to serve others according to their needs. There exists among us all a spiritual fellowship that makes it natural for us to share one another’s feelings, joys and sorrows. So, when one member suffers, all the members suffer too, and when one rejoices all rejoice together.

Now as the Heavenly Father is seen in the Son, so likewise is the Son seen in the Spirit. To worship in the Spirit, then, is to open one’s mind and heart to the divine light. We can learn all this from our Lord’s words to the woman of Samaria. She believed it was necessary to worship in a certain place, but the Lord corrected this misunderstanding by declaring that it is in Spirit and Truth that one must worship.

By ‘truth’ he clearly meant to refer to himself. Wherever Jesus is there we can worship our God in the Spirit and be one with God and one another. So too, when we speak of adoring the Son, we mean that we worship God as revealed in and by the Son, for He is the perfect image of God. Likewise, we say that we adore in the Spirit and mean by this that we worship the Lord whose divinity is revealed in the Spirit.

Thus, the Spirit enlightens us to perceive the Son and the Son, as the radiance of the glory of God, enlightens us to perceive the workings of the Spirit within us. The Son, who bears the very impress of the Heavenly Father, raises us up to that Father, who is now Our Father, because we too have that stamp and impress placed on and within us.

But what is the evidence for all this? It is the working of the Spirit within us and through us in all that we do in loving support of the others members of the One Body of which we are members. It is the Spirit that teaches us to love just as Jesus did and who has made us one with Father and Son and Spirit in and through this love.

Whenever we love as Jesus has commanded us, we experience the Spirit working within us. As often as you do what the Lord has commanded you the Spirit’s transforming power is acting within you and transforming you more and more completely into the living image of the Heavenly Father’s loving Son. You are receiving the Son’s love in the Spirit. The more “spiritual” a person you are the more saving and loving deeds you will do for others, even for people who have not yet come to faith.
TWO STAGES IN CELEBRATING CHRIST’S COMING
A reflection taken from homilies by St. Pope John XXIII

Today is called a “weekday before Epiphany”. This is to remind us that the coming of Christ is not solely for those who have already heard God’s call to become children of their creator and redeemer. After the shepherd come to Jesus the holy Magi must come. The shepherds represent the poor and oppressed and the Magi represent the great ones of the earth. All people of good will are, by the very fact, open to the good news that the angels proclaim. The Magi welcomed with joy the same child that filled the shepherds with joy. Shouldn’t that be as true today as it was in the beginnings?

One has to admire the eagerness and earnestness with which the Magi carried though their purpose and the generosity of their gifts. They stand for all who are endowed with worldly goods and advantages and use them according to the holy inspirations they receive from on high.

Let’s consider these wonderful events from a human point of view. The magi came from among the rich and powerful, we believe. Clearly, it is more pleasant to give than to beg, and yet Jesus teaches a sublime lesson about this very attitude. Poverty doesn’t signify misfortune or humiliation. Further, the rich are obliged to do many works of mercy simply because of what they have been given. They have to do this besides having to satisfy the requirements of justice. This is not easy.

Perhaps this reflection helps us understand why Jesus, the Lord of the World, chose for the course of his entire life upon this earth the state of poverty and want and reliance upon others. He proclaimed the blessedness of those who have no possessions, and even of those who suffer. On the other hand, he threatened with grave punishments any of the rich who are unmindful of their duties to those who have not.

Of course, all this pertains not only to persons but to whole Peoples and nations. Those nations who are most powerful are all the more eager for tranquility and peace, and this longing is all the more widespread because everyone is aware of the dangers, both latent and obvious, that threaten all with genuinely apocalyptic calamities. But even nations can’t prevent it by the mere exercise of power.

The cause of peace doesn’t leave anyone unmoved. But who can give it to us? Jesus claimed to be able to give peace, and he declared it to be the fruit of the sort of concern and love that he showed to all, and commanded us all to share on our side. Only if we can celebrate Christmas in a way that unites poor and rich, oppressed and powerful, and all types and classes, are we moving closer to the blessing of Peace that Christmas and Christ’s Gospel can realize for the entire earth.

O, Lord Jesus, save your people and bless your inheritance. Make known to your beloved flock the truths you lived by and proclaimed, not just in words but embodied in living deeds. Bless the innocent, strengthen those who waver, fill
those who have lost hope in you with new faith and enthusiasm. Make us your instruments by which peace and all good may be accomplished! Amen.

JESUS’ CALL TO PRACTICAL CHARITY

The Daughters of Charity Constitutions by St. Elizabeth Ann Seaton

“The principle end for which God has called the Sisters of Charity is to honor Jesus Christ as the source and model of all charity by rendering to him every temporal and spiritual service in their power by serving the poor, sick, invalid, children, prisoners, the insane or people who through shame conceal their need. In order that they may correspond with the grace of that vocation .. they must endeavor to live a holy life and apply great care to their own perfection, joining the exercises of the interior and spiritual life to their exterior work. ... The first thing they must endeavor to observe inviolably is to hold the salvation of their souls in higher consideration than anything in the world and to keep themselves always in a state of grace and shun mortal sin more than the infernal spirit... They shall perform all they do, both spiritual and temporal, in a spirit of humility, charity, and simplicity. They shall abhor the maxims of the world and embrace those of Jesus Christ, among these they shall recommend mortification, the contempt of self and all things earthly, preferring work that is repugnant to the inclinations of nature and taking always the last place, persuading themselves that with all this they will still be better off than they deserve on account of their sins.

They shall have no attachment to anything created—particularly to places, to works, and to persons including their parents. They shall always be disposed to quit all when obedience requires it, remembering the Lord’s words that we aren’t worthy of Him if we are not ready to part with father, mother, brothers and sisters for His sake, and renounce ourselves as well. They shall suffer cheerfully and for love of God inconveniences, contradictions, scoffings, and calumnies and other mortifications which may happen to them, even due to their good actions ... and that all this is only part of the cross which Jesus wills them to carry following Him on earth so as to deserve the happiness of living forever with Him. They shall have a great confidence in Divine Providence, abandoning them-selves to it without reserve as an infant to its nurse, fully persuaded that, provided on their part they strive to be faithful to their vocation and to the observance of their rules, God will ever keep them under his protection and assist them in every necessity of soul and body, even when everything should appear to be lost.

They must, above all things, cherish and respect on another as true sisters who our Lord has united together in his service by a special profession of charity and do their utmost to preserve a perfect union amongst themselves. They shall treat one another with Christian meekness and respectful cordiality which must always appear both in their words and on their countenance. They must willingly bear with the imperfections of their sisters as they would wish their own frailties to be overlooked. If through human frailty it should happen that a sister give some cause of mortification to another, she shall not fail to ask pardon on her knees before going to bed, and the other sister shall receive this humiliation with humility and kindness going on her knees also. This is a sovereign and speedy...
SEEKING TOTAL DEDICATION TO GOD’S SERVICE
From the Seminary Diary of St. John Neumann

“Reason and revelation, the nature of our soul and intimate and multifaceted connections between all things teach us that the present is tied to the future in a way that cannot be dissolved. Everything that we have and do has its consequences and these extend to infinity. One day we will reap what we have sown. Regarding that which we can expect as recompense we know it won’t be insignificant. It may be that the good or bad thoughts that we cultivate, or the good or bad passions that we sustain, that the good or bad actions we do will darken one another, weaken one another, or lead us to forget them, but there is no passage of time that can cancel out the traces they leave in our souls.

Actually, after years and years or even centuries they can come to life again as vivid and powerful as ever, and as able to cause us shame or contentment, pleasure or displeasure. And we will be just as wise or stupid about them, just as good or evil, just as perfect or imperfect. It will be just as easy or difficult to think prudently and live a virtuous life and reflecting on the past will be just as agreeable or disagreeable (as it was). Reason and Scripture teach us to believe that the Lord, our Judge, will sharpen our spirit’s perception on That Day and will cause us to see finally the thoughts, imaginings, and deeds we have long held out of sight and buried in the abyss we call forgetfulness.

If, then, the present is connected with so much precision and so inextricably to the future, then we ought and are able to look at the present and deal with it always by considering the future. That is what every wise person does, and every priest does it in a special way. I am not ever going to lose sight of the future! The future is going to be in my view every day of my life so that each day becomes a preparation for eternity. In this way I will sow each day some good seed for the future harvest.

O Jesus, my Lord, you have already given me a most powerful longing for you! Come to me and rest in me always. Take me from this valley of tears so that I may be able to praise you forever with your saints. Jesus, grant that I may die for you! I want to be your disciple and be near you forever! Yet, during this very Christmas time when you seem so near, I told a lie. And then I got upset and forgot my morning prayer. O my God, where will I end up? Turn my consolation into repentance so that I may regret my sins. My great vice is laziness, and even laziness in carrying out the duties that go with my state in life. O Jesus, give me greater humility and more fervent zeal! You know I want to let go of everything that gets in the way of following you. I was carried away by vanity hearing my language skills praise by an English-speaking visitor. Give me the humility to acquire basic virtue. O most wise, O most holy One, guide my tongue. If you wish to send me to help other peoples make me capable of being faithful to you.